






~ November 2017 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Key code</b> <b>LR = Living room</b> <b>CR = Craft room</b> <b>DR = Day room</b> <b>BR = Board room</b>	<b>Hairdresser every Friday and Saturday 9:00am</b>	<b>Birthstone – Topaz/Citrine</b>  <b>Flower – Chrysanthemum</b>  <b>Season – Fall</b>	 <b>1</b> 9:00 Exercise, LR 9:45 Target/ Stop & Shop 10:00 Balloon volleyball, LR 11:00 Namaste, LR 1:30 Reiki/Meditation, LR 3:00 Word games, LR 4:00 Hangman, LR	<b>2</b> 9:00 Exercise, LR 10:00 Protestant church, LR 11:00 Crafts with Susan, CR 1:30 Mystery ride 3:00 Coffee social, LR 4:00 Word game, LR	<b>3</b> 9:00 Exercise, LR 10:00 Bingo, DR 11:15 One to one visits 1:30 Rosary, LR 2:00 Cribbage, BR 3:00 Word game, LR 4:00 Do drop In, LR	<b>4</b> 10:00 Living Room Movie 1:30 Walk and talk 2:30 In2L, LR 3:30 Bingo, DR
<b>5</b> 10:00 Living Room Movie 1:30 Walk and talk 2:30 Categories, LR 3:30 Bowling, LR 4:30 Hangman, LR	<b>6</b> 9:00 Exercise, LR 10:00 Crafts with Susan, CR 11:15 One to one visits 1:30 Manicures & Movie LR 3:30 Word game, LR 4:00 Hangman, LR	<b>7</b> 9:00 Exercise, LR 10:00 Book club, LR 11:15 Balloon volleyball, LR 2:00 Sing-a-long, LR 3:30 Word games, LR 4:00 Mandala, CR	<b>8</b> 9:00 Exercise, LR 9:45 Target/ Stop & Shop 10:00 Qi gong, LR 11:00 Namaste, LR 2:00 Exploring Spirituality, LR 3:00 Word game, LR  4:00 Hangman, LR	<b>9</b> 9:00 Exercise, LR 10:00 Cards with Susan, CR  1:30 Mystery ride 3:00 Coffee social, LR 4:00 Word game, LR	<b>10</b> 9:00 Exercise, LR 10:00 Bingo, DR 11:15 One to one visits 1:30 Rosary, LR 2:00 Cribbage, BR 3:00 Word games, LR 4:00 Do drop In, LR 4:00 <b>Entertainer</b> , LR	<b>11 Veterans Day</b> 10:00 Living Room Movie 1:30 Walk and talk 2:30 In2L, LR 3:30 Bingo, DR
<b>12</b> 10:00 Living Room Movie 1:30 Manicures, LR 2:30 Categories, LR 3:30 Trivia, LR 4:30 Bowling, LR	<b>13</b> 9:00 Exercise, LR 10:00 Crafts with Susan, CR 11:15 One to one visits 1:30 Manicures & Movie LR 3:30 Word game, LR 4:00 Hangman, LR	<b>14</b> 9:00 Exercise, LR 10:00 Book club, LR 11:15 Balloon volleyball, LR 2:00 Sing-a-long with Sue, LR 3:00 Word games, LR 4:00 Mandala, CR	 <b>15</b> 9:00 Exercise, LR 9:45 Target/ Stop & Shop 10:00 Balloon volleyball, LR 11:00 Namaste, LR 2:00 <b>Art Matters</b> , LR 3:00 Word games, LR 4:00 Hangman, LR	 <b>16</b> 9:00 Exercise, LR 10:00 Resident council, LR 1:30 Mystery ride 3:00 Coffee social, LR 4:00 Word game, LR	<b>17</b> 9:00 Exercise, LR 10:00 Bingo, DR 11:15 One to one visits 1:30 Rosary, LR 2:00 Cribbage, BR 3:00 Word game, LR 4:00 Do drop In, LR	 <b>18</b> 10:00 Living Room Movie 1:30 Walk and talk 2:30 In2L, LR 3:30 Bingo, DR
<b>19</b> 10:00 Living Room Movie 1:30 Walk and talk 2:30 Categories, LR 3:30 Bowling, LR 4:30 Hangman, LR	<b>20</b> 9:00 Exercise, LR 10:30 Catholic Mass, LR 11:15 One to one visits 1:00 NEADS dogs visit, LR 1:30 Manicures & Movie, LR 3:30 Word game, LR 4:00 Hangman, LR	<b>21 NO EXERCISE</b> 9:00 Annual meeting with our Board members LR 10:00 Book club, LR 11:30 LEO (see Fran) 2:00 Sing-a-long, LR 3:30 Word games, LR 4:00 Mandala, CR	<b>22</b> 9:00 Exercise, LR 9:45 Target/ Stop & Shop 10:00 Qi gong, LR 11:00 Namaste, LR 2:00 Exploring Spirituality, LR 3:00 Hangman, LR 4:00 Word game, LR	<b>23 Happy Thanksgiving</b>    2:00 Coffee social, LR 4:00 Hangman, LR	<b>24</b> 9:00 Exercise, LR 10:00 Bingo, DR 11:15 One to one visit 1:30 Rosary, LR 2:00 Cribbage, BR 3:00 Word games, LR 4:00 Do drop In, LR	<b>25</b> 10:00 Living Room Movie 1:30 Walk and talk 2:30 In2L, LR 3:30 Bingo, DR

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>26</b> 10:00 Living Room Movie 1:30 Manicure, LR 2:30 Categories, LR 3:30 Trivia, LR 4:30 In2L, LR	 <b>27</b> 9:00 Exercise, LR 10:00 Crafts with Susan, LR 11:15 One to one visits 1:30 Manicures & Movie LR 3:30 Word game, LR 4:00 Hangman, LR	<b>28</b> 9:00 Exercise, LR 10:00 Book club, LR 11:00 Hollis, LR 2:00 Sing-a-long with Sue, LR 3:30 Word games, LR 4:00 Mandala, CR	<b>29</b> 9:00 Exercise, LR 9:45 Target/ Stop & Shop 10:00 Balloon volleyball, LR 11:00 Namaste, LR 2:00 Exploring Spirituality, LR 3:00 Word games, LR 4:00 Hangman, LR	 <b>30</b> 9:00 Exercise, LR 10:00 Cards with Susan, CR 1:30 Mystery ride 3:00 Coffee social, LR 4:00 Word game, LR		